Learn to Live-Live to Learn

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Principal: Mrs Kristy Bultitude



#### **Upcoming Events:**

Queen's Birthday Monday 10th June

Staff Development Day Tuesday 11th June

Students Return Wednesday 12th June

Star Struck
Rehearsal
Wednesday 12th June
Thursday 13th June
Performances
Friday & Saturday
14th & 15th June

Open Parliament Tuesday 18th June

**Please Return:** 

**Payments for Star Struck** 

**Online Forms** 

**Primary Camp** 

#### Term 2 Week 6

Over the past few weeks our school has supported two important charities. The Wear Orange day was in support of the fabulous work our Local and State Emergency Services do when we have extreme weather conditions. We also supported the fight against cancer with our attendance at the Biggest Morning Tea. We thank the wonderful support and contributions of our community for recognising and valuing these services within our community.

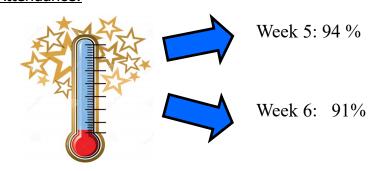
It is important to remember why we support these charities and as a school community I am proud that we can come together and raise awareness. Please remember that at all times when we are out in the community that, we too, are representing our school and our name. We have excellent standards in our school and have a wonderful reputation across our community, excellence being one of our core values. When we are at these community events please ensure our school values are upheld even when a teacher is not present, as we are always on show.

Our staff are working hard on our External Validation. The work entailed was highlighted at our last P&C meeting. Our next meeting will be on Wednesday 26th June. All families are welcome to attend.

In week 10, Wednesday 3rd we will celebrate Naidoc Day with in-class activities. Our Indigenous students, along with our leaders, will be invited to the High school in this same week. Our school will be participating in an excursion to Murrook Cultural Centre in Term 3 to experience the Worimi History.

Have a safe and enjoyable <u>extra</u> long weekend, Mrs Bultitude & Staff

Attendance:





### Star Struck

On our return we have an extremely busy week. Please ensure students are where they need to be and are on time. Costumes are due to arrive by the dress rehearsal. Please bring in your child's white canvas shoes in a labelled bag by Wednesday 12th.

The girls will wear their orange shirt and black tights to each performance.

Hair needs to be done in two low pony tails.

If you would like your child to wear make up they must have their own due to health requirements. This will need to be done prior to each performance. If you choose to wear makeup, foundation, eyeshadow and mascara is all that will be needed.



#### **PSSA Soccer**

Congratulations to our soccer team and Miss Parr for their long trip to Gloucester. Although the results did not fall our way, everyone played with courage and spirit.



#### River Catchment Tour

Yesterday our primary class visited the water catchment area at Chichester Dam. The students classified water insects and bugs, explored rainforest and aboriginal resources along with being shown the importance of the weir.

#### **PBL** Assembly

Congratulations to our students who received awards at our PBL assembly:

Infants: Toby, Laila, Saxon, Rylan, Donnivan, & Izayah

Primary: Stephanie, Michaela, Georgia & Kurtis

Principal:Logan, Stephanie & Bella Captains: Stephanie

Assembly: Tyson

Unfortunately there were no recipients for PBL awards, but I can assure you three students presented their crates for their very next award the following day. We look forward to an plethora of PBL awards in Week 10.



#### Electronic School Sign

We are currently undertaking the installation of an electronic sign. This will replace the existing sign at the front of the school. Along with the installation of our school sign, we are in the process of quoting the water tank from our council grant and a shade sail to cover the new paying.

LIBRARY

Remember your library bag on Thursday to protect the books you borrow.



The next P & C meeting will be on Wednesday, 26th June at 2:15pm in the Library.

Everyone welcome!





**Nutrition Snippet** 

# The simp√est woy

#### ... to make vegies easy to eat.

Vegetables don't have to be boring.

Prepare vegies in different ways and add flavor to make them appealing.



- Try our tasty salad dressings
- Make vegies interesting by serving with <u>sauces</u> and <u>dips</u>
  - Combine vegetables with other foods and flavours that the family enjoy, try:
    - Cauliflower and broccoli "Mac N Cheese"
    - Eggplant tagine
    - Beef and broccoli stir fry
    - Vegie and black bean tacos
    - o Green frittata
    - Easy pizza
    - Sweet potato and lentil curry

For more recipes and ideas visit healthylunchbox.com.au

#### healthylunchbox.com.au



**Nutrition Snippet** 

# The simp<mark>√est w</mark>oy

#### ... to make rainbow sushi.

Ingredients (serves 4)

- 1 1/2 cups sushi rice
- 4 tbsp sushi vinegar
- 185g can of tuna, drained
- 1 tbsp mayonnaise
- 4 nori sheets (dried seaweed) Veg cut into thin strips
- ½ carrot, ¼ capsicum, ½



#### Method

Cook rice according to packet instructions. Fluff the rice with a fork and pour over the sushi vinegar. Stir well to combine. Spread the rice on a baking tray to cool. Mix the tuna and mayo together.

Lay a nori sheet on a bamboo sushi mat, shiny side down. With wet fingers, spread ¼ of the rice over ¾ of the sheet, leaving a ¼ of the sheet clear at the end furthest away from you. Place the tuna and veg across the rice. Using the bamboo mat, roll the sushi away from you stopping where the rice ends. Brush some water along the rice free nori and finish rolling, pressing gently to seal. Repeat with the rest of the sheets. Dip a sharp knife in water and cut the sushi into pieces.

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### News From The P&C

#### Term 2 Canteen



Glen William Public School
Canteen Roster - Term 2, 2019



Date	Person	
10th May	Mother's Day High Tea	
17th May	Amy Mabbott	
24th May	Sharna Kirkham	
31st May	Craig Doorey	
7th June	Kershia Jones-Clark	
14th June	Linda Broadbent	
21st June	Amy Mabbott	
28th June	Laura Saville	
5th July	Amy Mabbott	

#### DON'T FORGET

The <u>extra</u> long weekend.

Students return on

Wednesday 12th June





# Water Catchment Tour







