Learn to Live-Live to Learn

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Principal: Mrs Kristy Bultitude



#### **Upcoming Events:**

Tuesday 10th November PBL Assembly

Wednesday 11th November Remembrance Day

Tuesday 17th November Parliament

**Please Return:** 

**Mango Drive** 

**Online Forms** 

Remembrance Day (School Captains ONLY)

**Intensive Swimming K-6** 





#### Term 4 Week 4

As the term draws closer to the final day of 2020, I reflect on the chaos that has been thrown at our students, staff and community. It definitely has been an overwhelming year and one that I am looking forward to as an educator, putting it behind us. With this said, it is extremely important to remember the dedication and the new learning all teachers across our state had to quickly implement in such a short time. A year that will definitely go down in history.

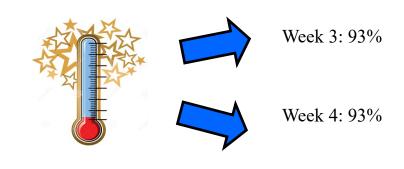
The department are regularly putting out updates for all NSW schools COVID-19 guidelines. I know that these will directly impact our normal end of year events, but please be assured they are not my rules. We as a school community simple have to follow the procedures outlined.

The current updates to the term guidelines regarding COVID-19 are: Still under review

- End of year community events for school community may proceed with a maximum of 30 people (including staff, students and parents) consistent with public health guidelines;
- Schools can proceed with end of year presentations.
   Restrictions apply to complying with a 4m square rule,
   1.5m spacing within group seating, all visitors will be required to sign a declaration.

Have a wonderful fortnight..
Mrs Bultítude & Staff

#### **Attendance**





Dungog High School Year 6 Transition

Information has been forward regarding the Jump Start Program. Please select your day. The main orientation day is Tuesday 1st December for all 2021 Year 7 students.

#### **Intensive Swimming**

Permission notes have been sent through Compass.

#### End of Year Presentation

The department have sent out new guidelines regarding end of year celebrations. This means we are allowed to hold our annual end of year presentation with some minor alterations to ensure we adhere to Covid-19 requirements. The presentation will be held on Friday 11th

December at 3:30pm.
The school will send out a family invite. Families must RSVP. The office will then forward declaration forms that are required to be signed to all visitors attending.

A QRG code will be available to make signing in easier.

Our seating arrangements will be per household/ family and the presentation will take place on the grassed area to allow for the 1.5m social distancing requirement.

Thank you for your understanding.

#### 2021 Captains

Our Year 5 students will be presenting their speeches on Monday 9th November at the morning assembly.

#### PBL Assembly

Our final PBL assembly will be held on Tuesday 10th November.

<u>Year 6 Fundraiser</u> The annual and last Year 6 fundraiser for the year is the ice-cream day. Please see attached information.

#### Kinder Orientation

Our 2021 Kindergarten students successfully started today with their first orientation session. We look forward to continuing this journey with the students and their families.

#### Surf Fun Day

This party fun day will go ahead and we are able to move back to Nobby's Beach. More information to come.

#### Library -

Remember your Library Bag! Infants: Friday and Primary are on Thursday. Infants return books on Thursday please.



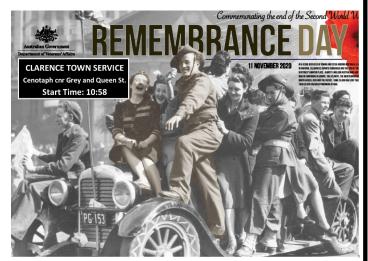
### News From The P&C

#### Glen William Public School



Term 4 Canteen roster 2020

Date	Volunteer
23 <sup>rd</sup> October	Laura Saville
30 <sup>th</sup> October	Heidi Chandler
6 <sup>th</sup> November	<u>Sharna</u> Kirkham
13 <sup>th</sup> November	<u>Kershia</u> Jones-Clark
20 <sup>th</sup> November	Sarah Hunter
27 <sup>th</sup> November	Heidi Chandler
4 <sup>th</sup> December	<u>Sharna</u> Kirkham



#### **Coronavirus Health Information Line**

Call this line if you are seeking information on coronavirus (COVID-19). The line operates 24 hours a day, seven days a week.

1800 020 080

## Be the first to get the latest school news this WINTER

Simple free download: In Google play & App Store search 'Skool Loop' & choose our school once installed



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- \* Events \* Notices \* Newsletters \* Cancellations \* Permission slips
- \* Parent Teacher Interviews
- \* Instant notifications \* Absentees

The next P & C meeting will be advised.

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We met our buddies and read a story about a friendasaurus.





### **Healthy Lunch Box website**

A one-stop-shop for everything you need to know about packing a healthy lunch box.





#### Here's what you'll find on the website:

- Interactive lunch box builder that helps parents and kids plan and pack a healthy lunch with foods they like.
- Lots of quick and easy <u>recipes</u> and snack ideas.
- · Informative blogs about healthy eating for the family.
- <u>Sign up</u> to receive the Healthy Lunch Box e-newsletter for ideas, updates and recipes.

<u>healthylunchbox.com.au</u>



### Good for Kids good for life

#### KEEP THE LUNCHBOX COOL

As the weather warms up it is important to keep the lunchbox cool so that food stays safe to eat.

Using an insulated lunchbox with an ice brick can keep the lunchbox  $12^{\circ}$  cooler.

You could also try a frozen:

- Water bottle
- Milk popper
- Yoghurt

These double as a refreshing drink or cool snack as they defrost.









HNELHD-GoodForKids@health.nsw.gov.au http://www.goodforkids.nsw.gov.au/

### Good for Kids good for life

#### NATURE SCAVENGER HUNT

An animal's footprint

The days are getting longer and it's a great chance to get outdoors with the family.

Have fun finding as many things as you can in this scavenger hunt, or create your own.

You could go for a walk in your local area, or even just your backyard.

Encourage children not to touch or collect the items, but record them on their hunt sheet. A bird's nest

A clover (find a 4 leaf clover for an extra 10 points!)

The Southern Cross

Paper bark

A native Australian animal

A mushroom or fungus

Spot a creature that lives underwater

A large feather

A sunrise or sunset over the horizon

A lilly pilly tree

A gumnut

A waterfall

A heart-shaped stone

A farm animal

Spot a witchetty grub

A herb garden

Nature pushing through concrete



For an example downloadable list, visit: natureplayald.org.au/

nature-play-scavenger-hunt

HNELHD-GoodForKids@health.nsw.gov.au/ http://www.goodforkids.nsw.gov.au/

# <mark>Nut</mark>rition Snippet

SAVVY SNACK SWAPS.





### Swap cake for these healthy snacks:

- Banana Bread
- Pumpkin and sweet potato scones
- Fruit loaf

Check out our <u>interactive healthy swap guide</u> for more inspiration!

healthylunchbox.com.au

