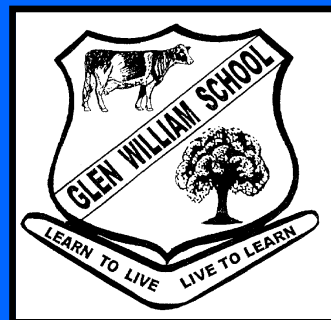


Glen William Public School

Learn to Live- Live to Learn

717 Glen William Road Glen William 2321
T: 49965507 F: 49965541 E: glenwillia-p.school@det.nsw.edu.au
Principal: Mrs Kristy Bultitude



Upcoming Events:

Tuesday 25th February
PBL Assembly
2:15pm
Infants Item

Friday 28th February
Clean up Australia Day
P&C AGM
2:15pm

Tuesday 3rd March
Hunter Swimming
New Lambton Pool

Please Return:

Payment for Harmony day

Online Forms

Harmony Day

Term 1 Week 4

Congratulations..

Congratulations to our students who attended the swimming carnival on 7th February. We had a fabulous day even though it was wet. Our students participated in a number of events earning them places in these events. Glen William was awarded the overall school champion and also the handicap trophy. We had a number of students who received age champions. Congratulations to Tyson—Senior boys champion, Caitlin and Alex— 11 years champions, Nixon and Georgia—Junior Champions.

Students who were successful in making the zone swimming carnival participated on Wednesday. Thank you to our families that assisted on the day with timekeeping and or running information to the recorders. This assisted in the running of a smooth carnival.

Please ensure that we are parking safely around the school. The Council Compliance Officer will be out in force during the school year patrolling school zones to ensure all drivers are parked legally. Fines can range from \$330 to \$572 so please be vigilant. A reminder for all that the staff carpark is a restricted area and should not be used to drop students off to school.

Student wellbeing is at the forefront of our daily routines at Glen William. Keeping our children safe is a shared responsibility. The Australian Student Wellbeing Framework has been endorsed by the Minister of Education. The Student Wellbeing Hub has produced a range of resources to bring this Framework to life. The Framework supports everyone in the school community to address issues of student wellbeing and safety. The Student Wellbeing Hub is a central online space to support parents and families with information, advice and strategies to help your child thrive throughout their school years and beyond. You can find information about safety and wellbeing issues such as online safety, respectful relationships, social and emotional development and many others. You can also discover more about your important role in helping us sustain our positive, welcoming and inclusive learning environment. www.studentwellbeinghub.edu.au

Thank you to the two families who attended the afternoon tea last Thursday.

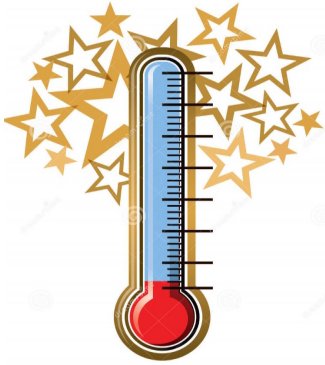
Have a safe fortnight

Mrs Bultitude & Staff



Attendance

In the Week 2 newsletter, the importance of school attendance was mentioned. The attendance thermometer will be a visual display across school newsletters to demonstrate our weekly goal of 95%.



Week 1: 87%
Week 2: 91%
Week 3: 94%
Week 4: 97%

2020 Glen William School Leaders

Our school leaders have important roles to fulfil across the year. Leadership is important and valued in our community. All the best in the fulfilment of your roles.



School Plan

We are currently in the final year of our school plan.



Purpose:
Students will take ownership and drive their own learning environment so they are equipped with the skills and understanding for their future.



Purpose:
To drive high expectations and a high standard of education that engages, challenges and inspires all students and staff in a caring, supportive school environment.



Purpose:
To maintain a proactive and positive learning culture that connects with the school community so that excellence, cooperation and respect are self-evident.

The above strategic directions are aligned directly to our goals to improve writing and reading K-6 and drive high expectations through the challenging educational programs offered within the school. The continuation of iMaths will challenge, inspire and allow students to apply their skills to real world contexts and problems.

We pride ourselves on having a committed and connected community. PBL and community engagement supports our third direction.

Stranger Danger

It is important to remember that we should never talk to strangers. Please continue to have this conversation with your child/ children as the year progresses. The school teaches child protection strategies yearly, but it is a topic that we need to always be ahead of. A flyer is attached outlining some simple strategies to help us all stay safe.



Our successful zone relay team!
Well done.



Library -
Remember your Library Bag on Thursday to protect the books you borrow.



The next P & C meeting including AGM:
Friday, 28th February at 2pm in the Library. Everyone welcome!



News From The P&C

arts UPPER HUNTER

Dance Craze Video Comp

For young people 8 to 15 yrs

First Prize \$500
Total Prize Pool \$1,250

[https://artsupperhunter.us.
launchpad6.com/](https://artsupperhunter.us.launchpad6.com/)



Arts Upper Hunter is supported by:
Dungog Shire Council, Muswellbrook
Shire Council, Singleton Council and the
Upper Hunter Shire Council.

Glen William Canteen Roster Term 1, 2020

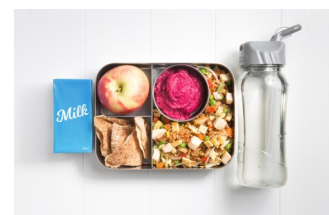
February 28th	Kershia Jones-Clark
March 6th	HELP NEEDED
March 13th	Sarah Hunter
March 20th	Heidi Chandler
March 27th	Laura Saville
April 3rd	Kershia Jones-Clark

Please see above the roster for canteen. If you can fill the vacant week, please contact Sharna Kirkham or the office.
Cancer Council NSW is here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy. Developed by dietitians healthylunchbox.com.au is a one-stop shop for everything families need to know about packing a healthy lunch box.

Here's what you will find:

- an [interactive lunch box builder](#) that helps parents and kids plan and pack a healthy lunch with foods they like.
- The ability to filter [recipes](#) based on diets, easy to freeze and prep time
- Lots of [quick and easy](#) recipes and [snack ideas](#)
- Regular [healthy eating blogs](#)

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.



Nutrition Snippet

The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

healthylunchbox.com.au



Good for Kids good for life

NATIONAL RIDE2SCHOOL DAY

Walk, bike ride, skate or scooter to school on March 13th, to celebrate active travel.



Children under 16 years of age (and adults supervising them) are allowed to ride on a footpath in NSW.

Encourage your kids to follow these tips for safer riding:

- Always wear an approved bicycle helmet, properly fitted and fastened.
- Always obey road rules, including traffic lights, stop signs and give way signs.
- Turn your head when passing driveways
- Keep left when riding on the footpath and give way to pedestrians
- Travel at a speed that is safe for you and others
- Wear bright clothing to make yourself visible

Sources: The Bicycle Network & Transport for Road Safety NSW



HNELHD-GoodForKids@health.nsw.gov.au
http://www.goodforkids.nsw.gov.au/

Good for Kids good for life

MASTERING THE SPRINT

Sprinting is one of 12 Fundamental Movement Skills which requires practice. Fundamental Movement Skills are taught at school but you can help teach your child these important skills at home.

To master the sprint:

1. Lift knees high
2. Bring heels close to the bottom
3. Focus eyes forward
4. Don't let heels touch the ground
5. Land on balls of feet
6. Bend elbows at 90 degrees
7. Drive arms forward and back in opposition to legs



For a demonstration search: 'Get Skilled: Get Active - Sprint' on YouTube



HNELHD-GoodForKids@health.nsw.gov.au
http://www.goodforkids.nsw.gov.au/



REGISTER NOW FOR THE 2020 SEASON



AGES 5 YEARS TO ADULT WITH ALL PLAYERS WELCOME

REGISTRATION DAY
SATURDAY 29 FEBRUARY
8AM UNTIL MIDDAY AT
THE LIONS CLUB
MARKETS OR VISIT
PLAYFOOTBALL.COM TO
REGISTER ONLINE

FOR ASSISTANCE OR MORE INFORMATION PLEASE CONTACT
KEVIN HOFFMAN ON 0402169401

VISIT OUR FACEBOOK PAGE CLARENCE TOWN FOOTBALL CLUB

CLARENCE TOWN FOOTBALL CLUB



YEAR 7 2021/2022 INFORMATION EVENING

DUNGOG HIGH
SCHOOL LIBRARY

WEDNESDAY
MARCH 11, 2020
5PM-7PM

PARENTS/CARERS AND PROSPECTIVE STUDENTS FROM YEAR 5 AND 6 ARE VERY WARMLY INVITED TO ATTEND OUR OPEN NIGHT

ENROLMENT INFORMATION
GUIDED TOURS - MEET THE STAFF - BBQ

See you there!



NSW POLICE FORCE CRIME PREVENTION SERIES

Safe people, Safe places

Protect your children

The safety and wellbeing of our children is paramount. As parents and carers we can't always be with our children to advise and protect them.

When out and about, children can be confronted with situations where good decision-making is vital. With this in mind, advising our children with appropriate responses to certain situations will help them avoid trouble and danger.

Here are some simple tips to give your children for when they are out and about.

Protect your child walking home

- **ALWAYS** identify safe places on the way home from school.
- **DO NOT** stop and talk to people you don't know. Go straight home or to your intended destination.
- **ALWAYS** find a safe place if you feel frightened. These include schools, shops, churches or police/fire/ambulance stations and tell them that you are frightened.
- **NEVER** get into a car with someone you don't know.

Protect your child on public transport

- **NEVER** travel in isolated areas. Find crowded carriages, guard's compartment (marked with a blue light) or at the front of the bus.
- **ALWAYS** try to travel in groups of friends if possible.

Protect your child when in public spaces

- **ALWAYS** carry a contact number for your parents. (On a card attached to your clothing, written on your arms or in your phone).
- **DO NOT** walk away from family or friends without telling them where you are going, when you'll be back and who you are with.
- **ALWAYS** walk away from fights or arguments, unpleasant or aggressive behaviour and take your friends with you.
- **REMEMBER**, always tell your parents, carer or teacher if something has happened.

For more crime prevention information
visit us on www.police.nsw.gov.au



Justice



Triple Zero (000)
For emergencies or life threatening situations.



Police Assistance Line (131 444)
For non-emergencies.



Crime Stoppers (1800 333 000)
To provide crime information, it can be anonymous.



Swimming Carnival

