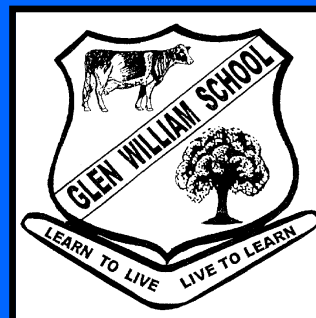


# Glen William Public School

*Learn to Live- Live to Learn*

717 Glen William Road Glen William 2321  
T: 49965507 F: 49965541 E: [glenwillia-p.school@det.nsw.edu.au](mailto:glenwillia-p.school@det.nsw.edu.au)  
Principal: Mrs Kristy Bultitude



## Upcoming Events:

**Tuesday 23rd February**  
**PBL Assembly**  
**2:15pm**  
**Infants Item**  
**(LIVE STREAM)**

**Nutrition Incursions**  
**Thursday 25th February,**  
**4th & 11th March**

**Parental Information**  
**Session**  
**Thursday 4th March**  
**3:15pm**

**Wednesday 17th March**  
**Afternoon Tea**  
**Meet & Greet@ 1:30pm**  
**P&C AGM**  
**@ 2:15pm**

**Tuesday 2nd March**  
**Hunter Swimming**  
**New Lambton Pool**

**Wednesday 3rd March-**  
**Primary ILP meetings**  
**(invitation ONLY)**

**Friday 5th March**  
**Clean up Australia Day**

## Please Return:

**Payment for School Swim-**  
**ming Carnival &**  
**Raw Art**

## Online Forms

**Hunter Swimming**

## Term 1 Week 4

### *Congratulations..*

Congratulations to our students who attended the Small Schools Swimming Carnival on Friday 5th February. Our students participated in a number of events earning places in most events. Glen William was awarded the overall school champion and also the Handicap trophy. We had a number of students who received age champions. Congratulations to Alex and Seth—Senior Boys Champion, Caitlin – Senior Girls Champion, Georgia– 11 Years Girls Champion.

Thank you to our families that assisted on the day with timekeeping and running information to the recorders. This assisted in the running of a smooth carnival.

Students who were successful in making the Zone swimming carnival participated on Tuesday. Congratulations to our relay team who will be off to participate at the Hunter Carnival on the 2nd March. Georgia and Caitlin were successful in making individual events. We wish the girls, Makayla, Ellee, Caitlin and Georgia all the best.

Please ensure that we are parking safely around the school. The Council Compliance Officer will be out in force during the school year patrolling school zones to ensure all drivers are parked legally. Fines can range from \$330 to \$572 so please be vigilant. A reminder for all that the staff carpark is a restricted area and should not be used to drop students off to school nor should it be used to approach staff. If you would like to meet with staff, please do so via the office.

Student wellbeing is at the forefront of our daily routines at Glen William. Keeping our children safe is a shared responsibility. The Australian Student Wellbeing Framework has been endorsed by the Minister of Education. The Student Wellbeing Hub has produced a range of resources to bring this Framework to life. The Framework supports everyone in the school community to address issues of student wellbeing and safety. The Student Wellbeing Hub is a central online space to support parents and families with information, advice and strategies to help your child thrive throughout their school years and beyond. You can find information about safety and wellbeing issues such as online safety, respectful relationships, social and emotional development and many others. You can also discover more about your important role in helping us sustain our positive, welcoming and inclusive learning environment. [www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au)

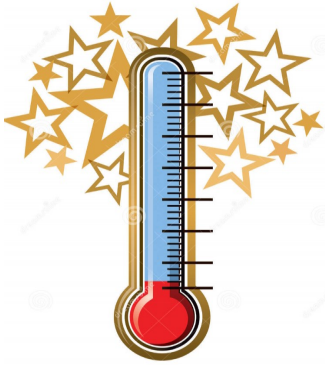
Have a safe fortnight

*Mrs Bultitude & Staff*



## Attendance

In the Week 2 newsletter, the importance of school attendance was mentioned. The attendance thermometer will be a visual display across school newsletters to demonstrate our weekly goal of 95%.



Week 1: 81%  
 Week 2: 92%  
 Week 3: 92%  
 Week 4: 86%

## Stranger Danger

It is important to remember that we should never talk to strangers. Please continue to have this conversation with your child/ children as the year progresses. The school teaches child protection strategies yearly, but it is a topic that we need to always be ahead of. A flyer is attached outlining some simple strategies to help us all stay safe.

## 2021 Glen William School Leaders

Our school leaders have important roles to fulfil across the year. Leadership is important and valued in our community. All the best in the fulfilment of your roles.



## Uniforms

Our uniform shop has had an influx of new school uniforms. If you are in need of some uniforms please contact the school or Mrs Boyton.

## Jr AECG

In 2021, we will be seeking permission from the Aboriginal Education Consultative Group to implement a Jr AECG for our Aboriginal and TSI students. These meetings will run fortnightly and the high school will be directly involved with our initial set up. Miss Anderson will be coordinating this program.

The Department of Education values the ongoing partnership with the NSW AECG and is committed to strengthening their relationship. The new partnership agreement has been introduced and focuses on a strength-based approach. The Department and the NSW AECG are accountable to one another as we work to ensure that our students achieve their full potential academically, and as we embrace and foster their social, emotional, spiritual and cultural needs throughout their individual journeys. For more information please use the below web address.

<https://www.aecg.nsw.edu.au/about/partnership-agreement/>



Library -  
 Remember your Library Bag on Tuesday or Thursday to protect the books you borrow.



The next P & C meeting including AGM:  
 Friday, 17th March at 2:15pm in the Library. Everyone welcome!



## News From The P&C

### Nutrition Parental Information Session and School Program

On Thursday 25th February, 4th & 11th March our students will be participating in a 3 week program designed for primary schools to educate children on the importance of nutrition for the human body. The 40 min lesson will include information on nutrients, macro nutrition and body nutrition. The program incorporates a parental information session which will be held in the school technology hub. **I encourage our families to support this program by being present at the session on Thursday 4th March at 3:15pm. Afternoon Tea will be provided.**

Sarah and Simone were great, the kids loved the program and were really engaged. Their program was interactive and informative and the other teachers all made comments on how important it is for the children to learn about good nutrition. Irrawang Public would love to run the program again in the future for our Stage 2 students.

Mr Adam Edwards, Assistant Principal  
Irrawang Public School Raymond Terrace  
2019



Good Luck at the Hunter Carnival!  
Lets get to State...



Glen William Public School



Term 1 Canteen roster 2021

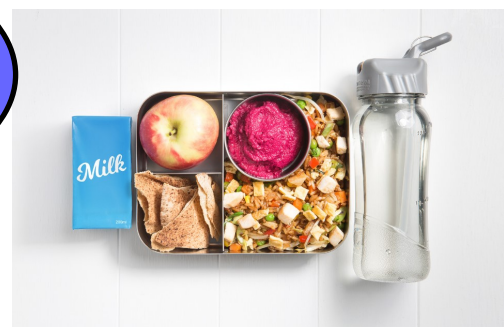
Date	Volunteer
12 <sup>th</sup> February	Sharna Kirkham
19 <sup>th</sup> February	Sharna Kirkham
26 <sup>th</sup> February	Heidi Chandler
5 <sup>th</sup> March	Sharna Kirkham
12 <sup>th</sup> March	Kershia Jones-Clark
19 <sup>th</sup> March	Laura Saville
26 <sup>th</sup> March	Heidi Chandler

Cancer Council NSW is here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy. Developed by dietitians [healthylunchbox.com.au](http://healthylunchbox.com.au) is a one-stop shop for everything families need to know about packing a healthy lunch box.

Here's what you will find:

- an [interactive lunch box builder](#) that helps parents and kids plan and pack a healthy lunch with foods they like.
- The ability to filter [recipes](#) based on diets, easy to freeze and prep time
- Lots of [quick and easy](#) recipes and [snack ideas](#)
- Regular [healthy eating blogs](#)

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.







## Good for Kids good for life

### KEEPING AN EYE ON SCREEN TIME

Computers, tv and small screens can be valuable for education and communication, but it is important place limits so that kids don't miss out on other physical activity and real world learning opportunities. It is recommended to limit screen time to less than 2 hours per day, not including homework time.

Some tips to manage screen time:

- Try to limit screens to 20 minutes in any one sitting.
- Setting simple restrictions, like 'no screen time before school'.
- Remove TVs and computers from your child's bedroom.
- Only watch specific shows or movies on the tv, don't leave it on in the background.
- Encourage other types of fun that include both physical and social activities e.g. walking the dog, joining a sports team.



For more info, visit the eSafety Commissioner website: <https://www.esafety.gov.au/>



Health  
Hunter New England  
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au  
<http://www.goodforkids.nsw.gov.au/>

## Nutrition Snippet

Want healthy lunch ideas?



[Sign up to the Healthy Lunch Box e-newsletter.](#)

Our quarterly e-newsletters will keep you up-to-date with the latest recipes, healthy swaps and informative blogs to make packing a healthy lunch box easy!

[healthylunchbox.com.au](http://healthylunchbox.com.au)



Cancer Council  
Healthy Lunch Box

## Glen William Public School Office Hours

Monday- 8:30am-9:20am  
Tuesday- 8:30am-9:20am  
Wednesday- 8:30am-9:20am  
& 2pm-3:30pm  
Thursday- 8:30am-3:30pm  
Friday- 8:30am-3:30pm

**If Office unattended please leave a  
message on our answering machine**



NSW POLICE FORCE CRIME PREVENTION SERIES

## Safe people, Safe places

The safety and wellbeing of our children is paramount. As parents and carers we can't always be with our children to advise and protect them.

When out and about, children can be confronted with situations where good decision-making is vital. With this in mind, advising our children with appropriate responses to certain situations will help them avoid trouble and danger.

Here are some simple tips to give your children for when they are out and about.

### Protect your child walking home

- **ALWAYS** identify safe places on the way home from school.
- **DO NOT** stop and talk to people you don't know. Go straight home or to your intended destination.
- **ALWAYS** find a safe place if you feel frightened. These include schools, shops, churches or police/fire/ambulance stations and tell them that you are frightened.
- **NEVER** get into a car with someone you don't know.

### Protect your child on public transport

- **NEVER** travel in isolated areas. Find crowded carriages, guard's compartment (marked with a blue light) or at the front of the bus.
- **ALWAYS** try to travel in groups of friends if possible.

### Protect your child when in public spaces

- **ALWAYS** carry a contact number for your parents. (On a card attached to your clothing, written on your arms or in your phone).
- **DO NOT** walk away from family or friends without telling them where you are going, when you'll be back and who you are with.
- **ALWAYS** walk away from fights or arguments, unpleasant or aggressive behaviour and take your friends with you.
- **REMEMBER**, always tell your parents, carer or teacher if something has happened.

For more crime prevention information  
visit us on [www.police.nsw.gov.au](http://www.police.nsw.gov.au)

Protect your children



Justice



**Triple Zero (000)**  
For emergencies or life threatening situations.



**Police Assistance Line (131 444)**  
For non-emergencies.



**Crime Stoppers (1800 333 000)**  
To provide crime information. It can be anonymous.