Learn to Live-Live to Learn

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Principal: Mrs Kristy Bultitude



Upcoming Events:

Term 2 School Returns Monday 19th April

Tuesday 20th April Cross Country

Tuesday 27th April Netball Gala Day @ Raymond Terrace

Friday 30th April Zone Cross Country @ Raymond Terrace

Please Return:

Online Forms

Netball Gala Day – Primary Students

Term 1 Week 10

It has been nice to see the easing of restrictions across our state and we hope to see this continue as our students move through their year of school. We have again had our resilience put to the test. In the past twelve months, we have had bushfires, a global pandemic and more recently, flooding.

This adds to the importance of teaching our students resilience. It is so important that we as adults not only teach this skill, but model it ourselves. The skills of autonomous, realistic self awareness, being adaptable, optimistic, pragmatic, socially connected and having the ability to demonstrate self-compassion are vital to the health and wellbeing of us all.

This week our Years 5 and 6 students were trained in the implementation of our Peer Support program. Resilience is one of the main skills taught within this program.

Thank you to our P&C and Mrs Kirkham for your support in providing lunch for the two days of training.

Some events have been postponed lately. The cross country and the small schools athletics carnivals will still go ahead next term. We have been severely impacted by the weather of late. Thank you for your understanding.

I have attached some important dates for the Year 5 opportunity class entry for 2022. If you think this may be an option for your child, please make an appointment to discuss with Mrs Hurney and Mrs Bultitude.

Thank you to our P&C for their efforts surrounding the Easter Celebrations this week.

Lastly, the school homework policy is attached. It is important for our families to be consulted in regards to reviewing and updating our policies. If you would like to comment on this policy, please return the policy with your remarks.

We wish our families a safe and happy Easter.

Mrs Bultitude & Staff

Attendance:





<u>Signing In</u>

It is vital that **ALL** visitors to the school must sign in using the NSW App QR Code and the school visitor kiosk in the office. You cannot enter the school without signing in.

There are no exceptions to this.

COVID-19 Update

The Department of Education has issued a stay at home restriction effective immediately for "anyone who visited Greater Brisbane since Saturday 20th March regardless of their current location." As such, anyone who has visited Greater Brisbane cannot attend school for the remainder of Term 1. There are also a number of locations in Byron Bay associated with positive cases of Covid-19. Please follow the instructions on the NSW Health Website.

BUS Zones and PARKING

Please be advised that parking in the bus zone is not permitted. Any family that does this is at risk of being fined. When picking up or dropping off, please park on the Clarence Town side of the bus shelter. If you have concerns regarding parking around the school please make contact with the council.

Cross Country

Our school cross country will be held on Tuesday 20th April, Week 1 of next term. Students aged 8 years and above will be selected from this event to represent our school at the Zone cross country carnival on April 30th.

Biggest Morning Tea

Our school will be holding a donation drive in support of the Biggest Morning Tea at our Mothers Day High Tea. Our school leaders will seek donations across the morning. A raffle will be held and all proceeds will go to the Cancer Council to help support cancer research.

Mother's Day High Tea

A reminder to complete the RSVP for our Mothers Day High Tea on Friday 7th May at 10:00am. Please complete the RSVP slip below and return it to the school office.

Dairy Farm Incursion

Last Thursday our Infants class participated in a virtual farm experience via ZOOM. They met farmer Bonnie and her cows, and learned all about the milking process, technology in farming and how milk gets to our fridges. They asked farmer Bonnie questions about farming life and also engaged with other schools questions and answers. Miss Parr was very impressed with their outstanding

behaviour and attentiveness.



PSSA State Swimming

Congratulations to Caitlin, Georgia, Ellee and Makayla who competed at the PSSA State Swimming competition this week. We are so proud of your achievements!

PBL Assembly

Principal's Awards: Caitlin, Georgia, Makayla and Ellee.

Primary Class Awards: Ellee, Stephanie and Holly.

Infants Class Awards: Bella, Tobi and Alice. Miss Anderson's Awards: Jed and Matilda.

PBL Awards: Bella, Saxon, Jed, Carla, Brayden, Georgia and Makayla.

Assembly Award: Jed.
Captains Award: Dezzy.

Congratulations to all our award winners.





| Mothers | Day | High | Tea | RSVP |
|---------|-----|------|-----|-------------|
| Nama. | | | | |

Number attending:



Easter Celebrations

What a fantastic way to end the term! Thank you to all students and families who celebrated Easter with our hat parade, bbq lunch, raffle and egg hunt. For more photos follow our Facebook page.



Easter Colouring In Competition

Congratulations to the winners of our colouring in competition. Thank you to every student who participated!

Free Kids Dental

The Federal Government's Child Dental benefits Scheme provides eligible children with \$1013 worth of free dental treatments. These benefits can be used on select services over a two year period and covers consultations, X-Rays, teeth cleaning, fillings, root canals and tooth extractions. More information can be found at ps.dental/kids.



Staff Development Day for Term 2

Students return to school for Term 2 on Monday 19th April 2021.

The Staff Development Day for Term 2 will be held on <u>Tuesday 15th June</u>, 2021.

News From The P&C

Easter Raffle

Thank you to our families for donating so many wonderful prizes for our Easter raffle.

Canteen

Thank you to all parents, grandparents and carers who helped in the canteen this term.

Zone Cross Country

Volunteers are required for the running of the canteen at the Zone Cross Country Carnival on Friday 30th April. This is a fantastic fundraising opportunity for our school. Please contact Sharna Kirkham or let the office know if you are able to help out.

P&C Facebook Page

Are you on Facebook? Add the Glen William Public School P&C page to keep up to date.









<mark>Sun</mark>smart Snippet

Choose a sun smart hat







Broad-brimmed, bucket and legionnaire styles

Wearing a sun smart hat everyday protects your face, head, neck and ears, and reduces the amount of UV radiation reaching your eyes by 50%.

Baseball caps and sun visors DO NOT protect the cheeks, ears and back of the neck and are not recommended.

www.sunsmartnsw.com.au





Good for Kids good for life

FUNDAMENTAL MOVEMENT SKILLS: MASTER THE OVERARM THROW

The overarm throw is needed in many sports, like cricket, softball and baseball, and the same action is used to serve in tennis, volleyball and passes in netball and basketball.

Key steps:

- 1. Eyes focused on target area throughout throw.
- 2. Stand side-on to the target area.
- 3. Throwing arm moves in a downward and backward arc.
- 4. Steps towards the target area with foot opposite throwing arm.
- 5. Hips then shoulders rotate forward.
- 6. Throwing arm follows through, down and across the body.











Try some of these activities/games to practice at home:

- <u>Targets</u>: Empty drink cans or plastics bottles make great target. Make different targets worth different points. Aim a tennis ball or rolled up socks at the targets and see how many throws it takes to reach 30 points.
- Goal shooting; buckets and empty garbage bins make great goals. Try throwing different things to score goals e.g. balls, beanbags or newspaper balls.
- Throw for distance: How far can you throw? Go for a personal best. Use softer objects e.g. newspaper balls or rolled up socks if indoors.



HNELHD-GoodForKids@health.nsw.gov.au http://www.goodforkids.nsw.gov.au/

