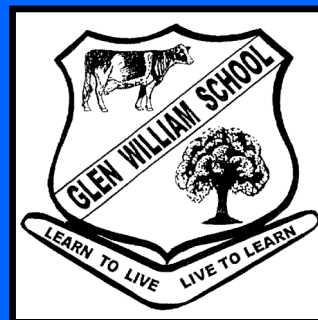


# Glen William Public School

Learn to Live- Live to Learn

717 Glen William Road Glen William 2321  
T: 49965507 F: 49965541 E: glenwillia-p.school@det.nsw.edu.au  
Principal: Mrs Kristy Bultitude



## Upcoming Events:

### Please Return:

Payment for  
School Camp

### Online Forms

Fathers Day Gift packs-  
google order form

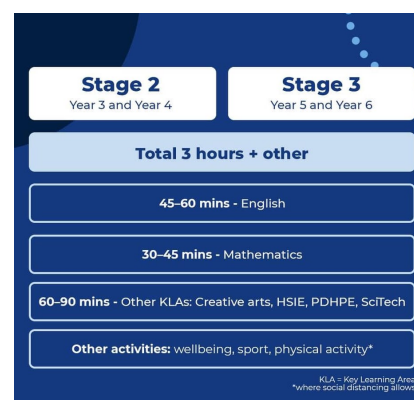
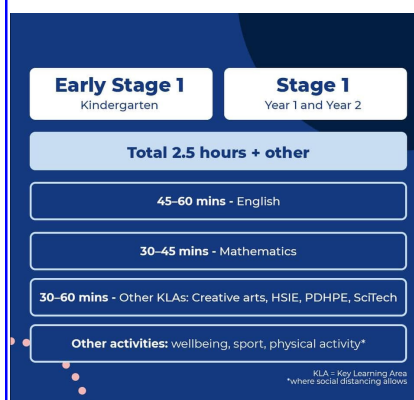
## Term 3 Week 6

### Congratulations !!

Our students are to be congratulated for the resilience demonstrated across the past two weeks. There has been some excellent work being done and shown through the zoom lessons, google classroom or teams meetings. Thank you to our families for the support you are providing.

The current information from the Department of Education is that we are currently operating on Level 4 restrictions and all of NSW is currently operating under these restrictions. I encourage families to keep up to date with the Premier's Press Conferences as it is here where we find updated information.

We will endeavour to get new information out to families as best we can. Emails will be sent to families outlining any



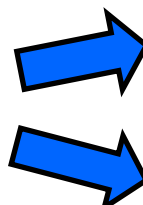
changes to circumstances.

Father's Day Gift packs: parents have been sent an email regarding orders for Father's Day. This link is also on Facebook.

<https://forms.gle/3KnmpYCnK94jG3Jw5>

Mrs Bultitude & Staff

Attendance: NOTE: Flexible Learning



Week 5: 99%

Week 6: 100%



Home Learning  
Art Competition





## Nutrition Snippet

DITCH THE HAM SANDWICH.

Click on our [sandwich filling ideas](#) tab for lots of healthier alternatives



Read more about why we need to limit ham at [healthylunchbox.com.au](http://healthylunchbox.com.au)

For this and more visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



## Healthy Lunch Box recipe

### Japanese vegetable pancakes



#### Ingredients

- ½ small cabbage, very thinly sliced
- 4 medium carrots, grated
- 2 cups baby spinach, very thinly sliced
- 4 spring onions, thinly sliced
- ½ cup wholemeal plain flour
- 6 large eggs, lightly beaten
- Pinch of salt
- Olive oil spray

#### Method

Place the vegetables in a bowl and mix together. Toss with the flour, ensuring it coats all the vegetables. Stir in the eggs and pinch of salt.

Lightly spray a large non-stick fry pan with olive oil spray and heat over medium-high heat. You may need to re-spray between batches.

Add heaped tablespoons of the mixture to the fry pan in rounds. Gently press to flatten. Cook until golden, approximately 3 minutes, and then turn to cook the other side.

For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



Help us



## stop the spread



**Clean your hands thoroughly**  
for at least 20 seconds with soap and water, or an alcohol-based hand rub.



**Cover your nose and mouth**  
when coughing and sneezing with a tissue or a flexed elbow. Put the tissues in the bin.

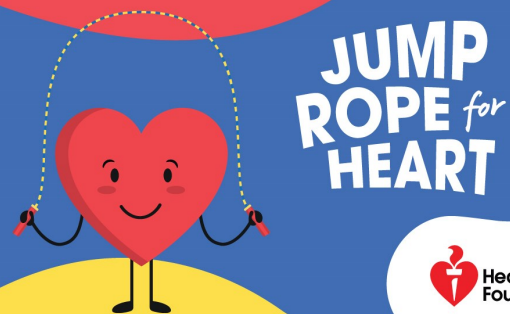


**Avoid close contact**  
with anyone with cold or flu-like symptoms.



**Stay home** if you are sick.

[health.nsw.gov.au/coronavirus](http://health.nsw.gov.au/coronavirus)



## GLEN WILLIAM PUBLIC SCHOOL ARE TAKING PART IN JUMP ROPE FOR HEART!

Congratulations to all of our students who have been skipping at home to raise awareness for the Heart Foundation.

With 4 weeks to go, our top skippers and fundraisers so far are:

Liam, Alice, Dezzy, Saxon, Jordan, Bella, Dusty and Cuda.

**So far we have raised \$2,503!!!**