Glen William Public School

Learn to Live-Live to Learn

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Upcoming Events:

Students and Staff Return to School Tuesday 5th October

Life Education Virtual Program Monday 1st November

Please Return:

Online Forms

Term 3 Week 10

What a fun filled last two weeks. Congratulations to all students for the fantastic work that has been completed in the last two weeks. Thank you Miss Anderson and Mrs Hurney for your fantastic virtual disco. There have been some wonderful disco selfies uploaded to the google classrooms. Our wellbeing is always at the forefront of my mind, but never more so than the past 5 weeks. The wellbeing activities have been a important part of our learning journey across our home learning program.

Due to the extended lockdown across the Hunter, our Semester 2 reporting will be similar to Semester 1 in 2020. The school will report on English and Maths and each student will have a general comment.

Our Education Week assembly in Term 3 had to be postponed due to the start of Covid restrictions in Sydney. I would like to acknowledge our award recipients as it is highly unlikely that we will be able to hold a presentation. Certificates will be mailed out to families.

Education Week Awards

Student Awards: Alex Boyton & Jordan Keen Teaching Award: Miss Anderson Non-Teaching Staff Member: Mr Trae Boyle Community Member: Mrs Julie Vasic School program: Cultural Awareness Program Thank you to all for the wonderful job you do contributing to our school.

Have a safe & happy holiday

Mrs Bultitude & Staff

Attendance:

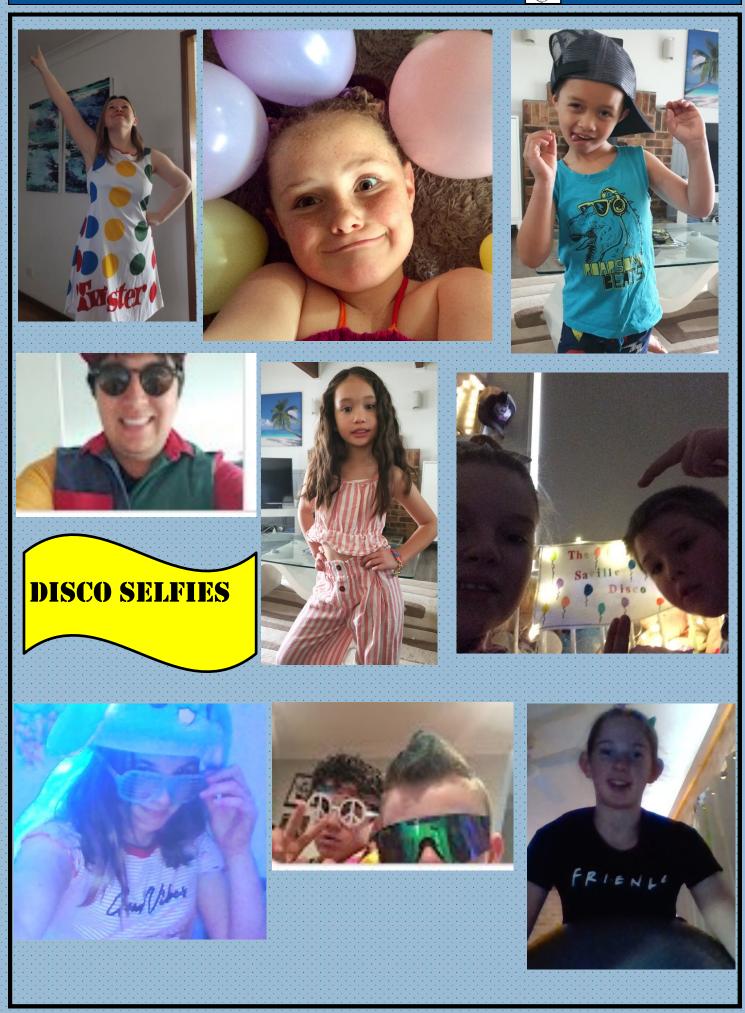
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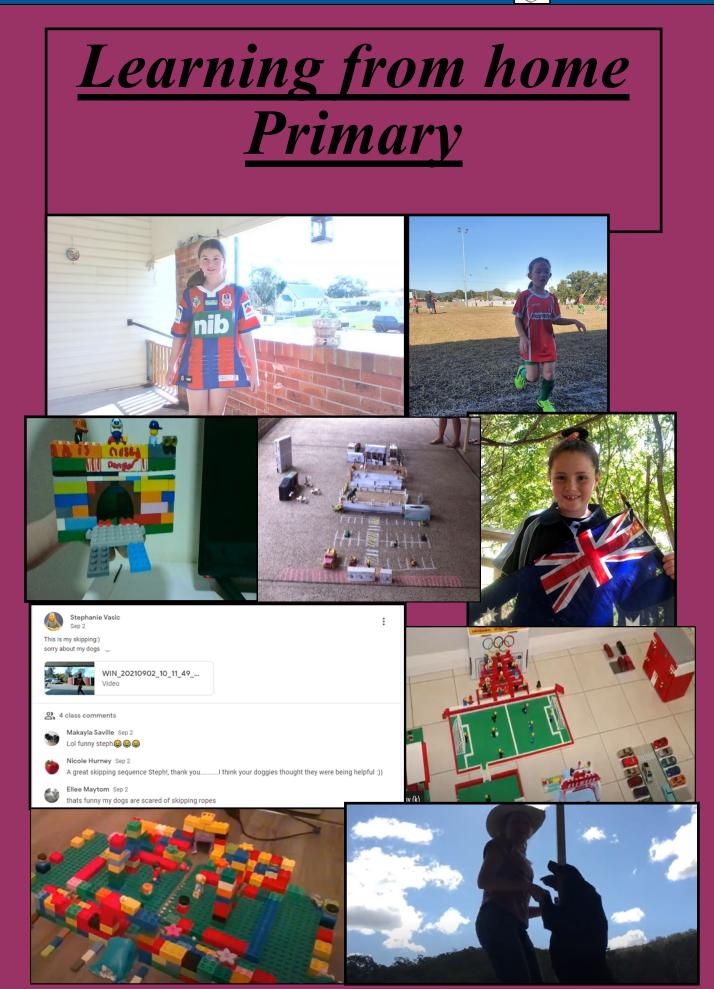
Week 9: 91%

Week 10: 87%

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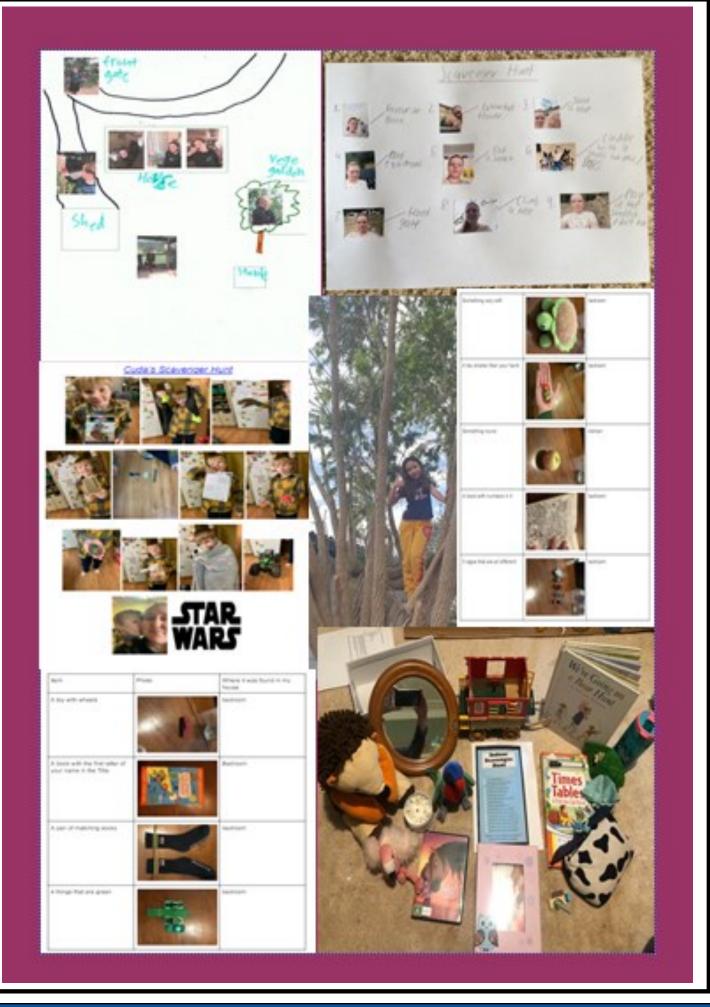
Term 3 Week 10, Friday 17th September, 2021



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Nutrition Snippet

SIMPLE SWAPS.



Try our easy beef and veg sausage rolls

Takes only 15 mins to prep and 25 mins in oven 1 serve of veg per portion Less fat, sugar and salt than store bought rolls Tasty and nutritious

For this recipe and more visit: healthylunchbox.com.au

Cancer Council Healthy Lunch Box

Help us



stop the spread



Clean your hands thoroughly for at least 20 seconds with soap and water.



or an alcohol-based hand rub.

Cover your nose and mouth when coughing and sneezing with a tissue or a flexed elbow. Put the tissues in the bin.



Avoid close contact with anyone with cold or flu-like symptoms.



Stay home if you are sick.

health.nsw.gov.au/coronavirus

Healthy Lunch Box recipe

Japanese vegetable pancakes



Method

Ingredients

4 medium carrots, grated 2 cups baby spinach, very thinly sliced

4 spring onions, thinly sliced 1/2 cup wholemeal plain flour 6 large eggs, lightly beaten Pinch of salt Olive oil spray

1/2 small cabbage, very thinly sliced Place the vegetables in a bowl and mix together. Toss with the flour, ensuring it coats all the vegetables. Stir in the eggs and pinch of salt.

Lightly spray a large non-stick fry pan with olive oil spray and heat over medium-high heat. You may need to re-spray between batches.

Add heaped tablespoons of the mixture to the fry pan in rounds. Gently press to flatten. Cook until golden, approximately 3 minutes, and then turn to cook the other side.

For more recipes visit: healthylunchbox.com.au





Share our Space

The NSW Department of Education's Share our Space program turns hundreds of school grounds into green spaces for the entire community to use freely for exercise, every school holidays. As our state experiences extended restrictions, access to additional open exercise spaces within your own LGA is more important than ever. especially for those living in densely populated communities.

Share our Space opens during the school holidays from Monday, 20 September to Friday 1 October, including weekends from 8am to 5pm. Learn more about the program and how your school can be involved.