# Glen William Public School

Learn to Live-Live to Learn

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## **Upcoming Events:**

Intensive Swimming 24/10—8/11 Raymond Terrace Leisure Centre

Peer Support Walk & Talk-athon Friday 28/10

**Grandparents Day**Friday 28/10

LMG Cultural Day Tuesday 8/11

**Dungog Show** 11 & 12/11

Kindy Orientation
Parent Information Session
Monday 14/11 at 9am

Online Forms

Swimming Program

Rolling Hills Film Festival



K-6	A student misses
1 day per week	1 year of school
1 1/2 days per week	1 1/2 years of school
2 days per week	2 1/2 years of school

## Term 4 Week 2

Welcome back to Term 4. We hope everyone was able to enjoy a slower pace during the holiday break and recharge the batteries! We are looking forward to another busy term with lots of academic, cultural and social opportunities for our students.

It is pleasing to see such an enthusiastic return to school from all our students and that attendance continues to be highly valued by our community. Keep up the good work!

We are now taking enrolments for 2023. If you have siblings, neighbours or friends ready for school in 2023, please contact the office for an enrolment pack. Please see Term 4 Kinder Orientation dates further in the newsletter.

Lastly, I would like to take this opportunity to thank the students, staff and community members for welcoming me into this beautiful school. It is truly a rare slice of heaven you have here and I look forward to being able to continue to support the wonderful educational opportunities offered at GWPS.

Mr Watt and Staff

## **Attendance:**







Week 1: 87%

Week 2: 87%

# Glen William Public School



## **TERM 4 COVID-19 UPDATE**

Our school will continue to operate with Covid – 19 smart measures in place throughout Term 4 to minimise transmission and keep our school open.

This includes a combination of layered safety measures such as:

- maintaining hygiene and cleaning practices
- using rapid antigen testing (RAT) when experiencing symptoms
- maximising natural ventilation

Please continue to notify your school if your child tests positive to COVID-19 as we will continue to notify the school community of any known positive cases to prioritise student and staff safety and wellbeing.

For further information about the COVID-smart measures in place this term refer to the department's <u>Advice for families</u> page.

#### **CHANGES TO END OF TERM**

To allow our staff to participate in professional learning that was put on hold due to COVID-19 and plan ahead for 2023, students will now finish school on **Friday, 16th December 2022.** This is due to an additional School Development Day being

#### READING HELPERS

Miss Parr would love to have some reading helpers in the infants room from 10am each day. Please contact the school or Miss Parr if you can help.

announced for all staff across NSW public schools.

## **INTENSIVE SWIMMING**

Week 3: Monday 24/10—Thursday 27/10 Week 4: Monday 31/10-Thursday 3/11 Week 5: Monday 7/11-Tuesday 8/11

#### **KINDER ORIENTATION DATES**

Monday 14/11

Parent information session 9am

Monday 21/11—Session One 10am—11.30am Infants classroom

Monday 28/11—Session Two 10am-12.30pm Infants classroom, COLA, playground

Monday 5/12—Session Three 11.30-2.30pm COLA, playground, Infants classroom

Library -

Due to lack of access to the library, borrowing has been suspended until further notice.

I Thank you for your understanding.



## **GRANDPARENTS & FRIENDS DAY**

We are excited to be able to hold our Grandparents & Friends Day on Friday, 28th October.

Below is a timeline of events for the day.

9:30 - 10:30am - Peer Support Walk & Talk-athon 10:30 - 10:45am - Fruit break + drink

10:45 - 11:30am - Grandparents and friends arrive and join students in classrooms.

11:30 - 12:15pm - Picnic lunch

The canteen will not be open for lunch orders on this day, however will be providing tea, coffee and biscuits for our special guests. Guests are welcome to bring a picnic lunch to share with their family.

#### **CANTEEN - WEEK 3**

Due to Grandparents and Friends Day scheduled for Friday 28th October (Week 3), the P&C have kindly agreed to open the canteen on Thursday 27th October for students to place a lunch order.

## **CULTURAL GROUP**

During our whole school Cultural Group last Tuesday, Nan Margaret and Deborah visited Glen William PS to do some cooking with us. We had a wonderful afternoon listening to stories from the past and learning how to cook delicious meatballs. Thank you Nan and Deborah, we can't wait for the next visit!







#### **GAME JAM**

Last Friday, Year 6 attended Game Jam at Dungog High School. Students used the program 'Scratch' to make their very own online game. A huge thank you to Mr Prior from Vacy PS and Mrs Manning from Dungog HS for organising the day. We can't wait for the winners to be announced!



# Glen William Public School



# News From The P&C

Thank you to our wonderful P&C committee and volunteers that help make Glen William PS the best school it can be. Please see canteen roster below for Term 4.

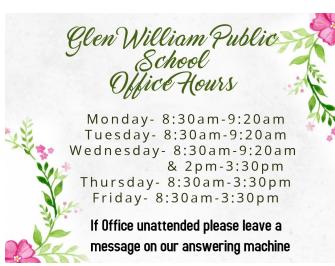
#### Glen William Public School



## Term 4 Canteen roster 2022

Date	Volunteer
14 <sup>th</sup> October	Kershia Jones-Clark
21st October	Julie Vasic
27th October (Thurs)	Heidi Chandler
4 <sup>th</sup> November	Kershia Jones-Clark
11 <sup>th</sup> November	Sharna Kirkham
18 <sup>th</sup> November	Laura Saville
25 <sup>th</sup> November	Rose Roberts (with Trudy :)
2 <sup>nd</sup> December	Sharna Kirkham
9 <sup>th</sup> December	Heidi Chandler
16 <sup>th</sup> December	Laura Saville





# Nutrition Snippet

# CAULIFLOWER BARLEY SALAD



#### Ingredients (serves 4)

- 2¾ cup pearl barley
- 2 cups cauliflower florets
- 2 tsp olive oil
- 1 tsp garlic powder
- 1 red onion, finely diced
- 1 cup mixed cherry tomatoes, halved
- 1 Lebanese cucumber, diced
- 1 cup baby spinach
- ½ cup parsley, chopped
- 1/2 cup mint, chopped
- 1 lemon, juiced 1 tbsp olive oil, extra

#### Method

- !) Pre-heat oven to 180°C.
- 2) Line a baking tray with baking paper.
- Cook barley in a large pot of boiling water for 20 minutes or until tender.
   Refresh under running water and drain.
- 4) Meanwhile, toss the cauliflower in olive oil and garlic powder and spread on the baking tray. Roast for 10-15 minutes or until tender and golden. Cool.
- In a large bowl, place the barley, cauliflower, red onion, tomatoes, cucumber, baby spinach, mint and parsley.
- 6) Drizzle with the lemon juice and extra olive oil and toss to combine.

For this recipe and more visit: healthylunchbox.com.au



Cancer Council Healthy Lunch Box

# Nutrition Snippet

# **SNACK SOLUTIONS**

Do you always hear 'I'm hungry - I need a snack!' but are stuck for healthy snack ideas?



We've got you covered - download your free copy of our <u>healthy snack guide</u> today!

For more info and ideas visit: healthylunchbox.com.au



Cancer Council Healthy Lunch Box