Learn to Live-Live to Learn

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Upcoming Events:

Week 5 & 6
Intensive Swimming
Raymond Terrace Pool

Thursday 24th February Book Fair Grandparents ONLY

Tuesday 8th March
PBL Assembly
2:20pm-2:50pm
Primary Item
(Virtual)

Monday 21st March P&C AGM 1.30pm (St Thomas Church Glen William) All Welcome

Please Return

Working with Children
Update to personal details

Online Forms

Hunter Swimming Carnival

K-6	A student misses
1 day per week	1 year of school
1 1/2 days per week	1 1/2 years of school
2 days per week	2 1/2 years of school

Term 1 Week 4

On Friday of Week 3, our primary students and some infants students participated in the Small Schools Swimming Carnival at Beresfield Pool. It was a wonderful day with exceptional sportsmanship and high levels of participation. Congratulations to everyone who attended. Glen William was awarded the overall school champion and also the Handicap trophy. We had a two students who received age champions. Congratulations to Jed – Junior Boys Champion, and Georgia— Senior Girls Champion. Students who were successful in making our Zone swimming carnival participated on Wednesday at Tomaree Aquatic Centre. Congratulations to our relay team, Georgia, Makayla, Stephanie and Jed who will be off to participate at the Hunter Carnival on 11th March.

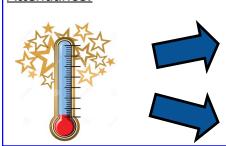
Please ensure that we are parking safely around the school. The Council Compliance Officer will be out in force during the school year patrolling school zones to ensure all drivers are parked legally. Fines can range from \$330 to \$572 so please be vigilant. A reminder for all that the staff carpark is a restricted area and should not be used to drop students off to school nor should it be used to approach staff. If you would like to meet with staff, please make an appointment with the office.

Our Intensive Swimming Program will begin next week. Students are to ensure they have with them, their swimmers, towel, goggles, sunscreen and underclothes to change into after swimming. This is an excellent program is part of our Personal Development, Health, & Physical Education curriculum.

Primary School Representative Sport is a pathway for our students to represent at higher levels. We send numerous students to trials across the year. Students do need to be in at least Year 5 to attend. These trials will be announced to students and if your student expresses an interest to participate notes will be forwarded home.

Have a safe fortnight Mrs Bultitude & Staff

Attendance:



Week 3: 89%

Week 4: 81%



COVID Notifications

Positive Case notification will be sent to families via emails through Compass. Due to the nature of our school context notification will relate to every student and or staff member. This means you will need to monitor closely if your child develops any symptoms.

If your child is self isolating due to family members who have tested positive, you do not need to restart your seven days isolation if a new member of the family tests positive. Please carefully monitor symptoms and take extra precaution through extra testing.

The DoE RAT surveillance recommendation will end next week (25/2/2022). Please continue to test your child/ren next week.

Bookfair

On Thursday 24th February_we will be hosting our bookfair and Grandparents Day. This is our first covid safe event and we hope that our grandparents enjoy the occasion.

Please note

- ⇒ Only two grandparents allowed to attend
- ⇒ Students to stay with their family group
- ⇒ BYO Picnic lunch as a family group socially distance from other families
- ⇒ Sanitiser provided
- ⇒ Water provided
- \Rightarrow Please bring a hat
- ⇒ Books will be able to be purchased from the showcase

The timetable will be as follows; Outside activities will be available when it is not your time to visit the bookfair.

Time	Bookfair
10am-10:15	Kinder
10:15-10:30	Year 1 & Year 3
10:30-11am	Year 2
11am-11:15	Year 4
11:15-11:30	Year 5
11:30-11:45	Year 6

Zone Swimming

Congratulations to our school relay team, Georgia, Makayla, Stephanie and Jed who will represent our school at the Hunter Carnival in March. Georgia will represent our school and zone in the individual events for 200m IM, 50m Butterfly, 50m Backstroke, 50m Breaststroke, 100m Freestyle and 12yr Freestyle. All the best.

Parliamentarians

Congratulations to the students that have been elected as members of the School Parliament. They have been assigned the following portfolios:

Prime Minister - Stephanie Vasic Secretary - Georgia McDonald Health and Environment - Shelby Ford-Lucas Sport and Recreation and Transport and Communications - Makayla Saville Education / Literature and Functions and Social Services - Kurtis Best

School Parliament aims to develop leadership skills and to involve students in discussion and decision making procedures following an accepted parliamentary procedure.

Intensive swimming

The intensive swimming programs starts on Monday. Notes were distributed via Compass. \$60 is to be paid to the front office or through the online payment portal.

- Students will depart school at 12:15pm dressed ready for their lesson.
- Students need to ensure they have a separate bag with them daily packed with their swimming belongs.
- Please label all items of clothing.
- In your bag you need: towel, goggles and swimmers, sunscreen and a water bottle.

Port Stephens PSSA

School sport representative pathways are supported through the zone and hunter sporting associations. Our zone is Port Stephens. Students can be selected to attend zone trials and then move through to Hunter trials. Students who are successful at the Hunter trial will go away and represent as a Hunter athlete at the sport trialled for. To keep up to date with events and trials you can access the Port

Stephens website or Facebook page using the QR code or link.

https://www.facebook.com/portstephenszonePSSA



https://portstephens.primarysport.com.au/



Library -

Remember your Library Bag on Monday for Infants and Thursday for Primary, to protect the books you borrow.



The next P & C AGM & general meeting: Monday []
21st March -St Thomas Church Hall @ 1:30pm []
All Welcome

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Elected library monitors

Our senior student have many opportunities to demonstrate leadership skills and assist their peers with school programs. Our library monitors have been selected for Semester 1 2022. Stephanie, Kurtis and Makayla have been elected as Semester 1 school library monitors, congratulations. Responsibilities include shelving books, tidying and ordering shelves, assisting students to locate and use resources in the library and to provide leadership opportunities. The teachers look forward to working with Stephanie, Kurtis and Makayla in the library this semester.

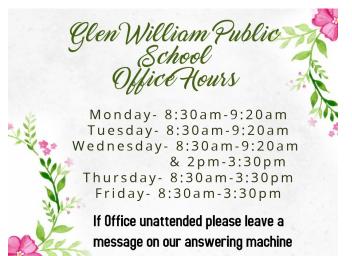
Zone Tennis

Last week Makayla had the opportunity to attend the zone tennis trials. Makayla had a fantastic day and absolutely tried her best in some tough conditions. Congratulations Makayla.









News From The P&C

Canteen

NOTE: All volunteers <u>MUST</u> be double Vaccinated.

AGM & General Meeting

Please join the P&C at our next meeting on Monday 21st March. This will be our AGM ,followed by the general meeting. Our meeting will be held at The Thomas Church Hall at 1:30pm.

To become a financial member please bring a gold coin.

Kinder 2022











Register Now for 2022!

Go online today at playfootball.com.au

Under 6's* to Senior Teams

*Children turning 5 in 2022

https://support.playfootball.co m.au/support/solutions/articles Come Try Social Soccer /22000235218-self-registration-players

Wednesday's Until Season Starts! Jnrs 5pm Snrs 6pm

Ladies and Men join up for Seniors!!



Age Group	Cost
Entry 5-7 yrs	\$131
Junior 8-11 yrs	\$152
Youth 12-18 yrs	\$172
Senior 18+ yrs	\$240

For any further questions or assistance please contact:

Alice Redgrove

0429 615 556

Good for kids good for life Alternatives to Sandwiches

If your child doesn't like sandwiches or wants more variety in their lunchbox try these ideas:

- Try everyday meals like salads, soup, pasta or fried rice. Save leftovers from dinner to save time
- Prepare freezer friendly lunch box items like zuchinni slice or mini frittattas - ready to grab and go in the morning.
- Pack sandwich ingredients seperately for your child to put together just before eating.

Fried Rice Salad



- 1. Heat oil in a large fry pan or wok over high heat.
- 2. Sauté diced onion, capsicum, carrot and ham.
- Add cooked rice, corn kernels, green onions & soy sauce. Stir fry for 2-3 minutes, mixing well
- Transfer to a bowl to cool.
- 5. Spoon salad into containers and top with cherry tomatoes and coriander.
- 6. Store in the fridge ready to be added to the lunchbox.

For full recipe and more visit:



Nutrition Snippet

HOW TO PACK A HEALTHY **LUNCH BOX**







Starting 'big' school is a huge deal even for parents as it may be the first time packing a lunch box.

Learn how to pack a healthy lunch box here

healthylunchbox.com.au





Swimming Carnival

































